

Day 1 - Thurs World Parkinson's DAY - Opening ceremony & Welcome

9.00am - 9.15am	Opening Address - Hon. Greg Hunt, MP Welcome to INSIGHT 2019
9.15am - 9.35am	Invited Speaker - Dominic Graham CEO EPDA World Parkinson's Day Origins and Philosophy
9.35am - 9.55am	Invited Speaker - Dr. Maria Baretto CEO PDMDS India Reaching the Unreached : Strategies for reaching the under served Parkinson's population in India
9.55am - 10.40am	Keynote - Dr. Simon Lewis New treatment strategies - what's in the pipeline

10.40am - Morning tea

- Lived Experience

11.00am - 11.30am	Keynote - Dr. Maria De Leon
11.30am - 11.50am	Session 1 - Erin Smith Project FacePrint: The future of patient-driven research and technology development
11.50am - 12.10pm	Session 2 - Matt Eagles Positivity in adversity - 43 years of living with Parkinson's - my story by Matt Eagles
12.10pm - 12.30pm	Session 3- Benjamin Stecher What the World is Working on

12.30pm - Lunch

- Advocacy and Awareness

1.30pm - 2.00pm	Keynote - Dr. Ray Dorsey Ending Parkinson Disease
2.00pm - 2.30pm	Session 2 - Emma Lawton Dropping the 'P' Bomb
2.30pm - 3.00pm	Session 3 - Alexander Reed The opportunities, costs and realities of future care of People with Parkinson's

3.00pm - Afternoon Tea

- Inspired Communities

3.30pm - 4.00pm	Session 1 - Dr Kigocha Okengo The Movement Disorder Society and Africa
4.00pm - 4.30pm	Session 2 - Claire Jones and Omotola Thomas The #UNITED Hashtag Race
4.30pm - 5.00pm	Session 3 - Vilborg Jonsdottir Sons of Solidarity

5.00pm - Close

Day 2 - Friday

9.40am - 10.05am Session 1 - **Dr. Barry Snow**
- Plenary 1 - Latest research

9.00am - 9.40am	Keynote - A/Prof Antony Cooper The Australian Parkinson's Mission
9.40am - 10.05am	Session 1 - Prof Bastiaan Bloem Live Q&A from Parkinson's Eve Even
10.05am - 10.30am	Session 2 - Dr. Beckie Port Can GDNF regenerate brain cells? Results from the latest trial

10.40am - Morning tea

- Plenary 2 - Exercise and healthy ageing

11.00am - 11.40am	Session 1 - Matthew Sacheli Exercise increases dopamine release and alters ventral striatal activity in Parkinson's disease: A multimodal imaging study
11.40am - 12.05pm	Session 2 - Dr. Natalie Allen Pain in PD: can exercise help?
12.05pm - 12.30pm	Session 3 - Dr. Rebecca Gilbert Exercise and the non-motor features of Parkinson's disease

12.30pm - Lunch

- Plenary 3 - Motivation and mood

1.30pm - 2.10pm	Keynote - Dr. Terry Ellis Motivation and Long-term Engagement in Exercise
2.10pm - 2.35pm	Session 1 - Dr. Linton Meagher Mood and Anxiety
2.35pm - 3.00pm	Session 2 - Heather Kennedy Motivation and Mood

3.00pm - Afternoon Tea

- Plenary 4 - Balance, motor, control and FOG

3.30pm - 4.00pm	Keynote - Dr. Stephen Lord Fall prevention in with people PD
3.30pm - 4.00pm	Session 1 - Dr. James O'Loughlin A Framework of Motor Control in Parkinson's Disease - targets for physical rehabilitation
4.30pm - 5.00pm	Session 2 - Dr. Serene Paul Balance and motor control: Implications for motor learning in rehabilitation

5.00pm - Close

Day 2 - Current Panels

- Annex

9.00am - 9.30am	Melissa McConaghy PD Warrior 10 core exercise routine
9.30am - 10.00am	Dance for PD Seated Dance Demonstration Class
10.00am - 10.30am	Jimmy Choi American Ninja Warrior Training Routine

Consumer LIVE Panel - Staying in the workforce

The session will be hosted LIVE from **11am to 12.30pm**

Chair: **Maree Faulkner**

Panelist 1 **Nikki Blackwood**

Panelist 2 **David Cox**

Panelist 3 **Diane Utatao**

HP Lounge LIVE Panel

The session will be hosted LIVE from **1.30pm to 3pm**

Chair: **Melissa McConaghy**

Panelist 1 **Erica DeMarch**

Panelist 2 **Dr Tom Politzer**

Panelist 3 **Kim Hawkins**

HP Lounge Balance and motor

3.30pm - 4.00pm Session 1 - **Josefa Domingoes**
Practicalities of dual task exercise training in Parkinson disease - Why? When? How to integrate to common exercises used in PD?

3.30pm - 4.00pm Session 2 - **Dr. Matthew Brodie**
Maximizing mobility and preventing falls using smart garments in people with Parkinson's

4.30pm - 5.00pm Session 3 - **Dr Courtney Campbell Walton**
Cognitive Training for Freezing of Gait:
A Randomised Controlled Trial

Day 3 - Saturday

- Plenary 5 - Nursing & Carer Supports

9.00am - 9.40am	Keynote - Dr. Annette Hand Understanding Carer Strain in Parkinson's
9.40am - 10.05am	Session 1 - Sue Williams Parkinson's Disease Nursing in Australia
10.05am - 10.30am	Session 2 - Geri Baumblatt Training Parkinson's Nurses in Sub-Saharan Africa

Day 3 - Concurrent Panels

- HP Lounge LIVE Panel

The session will be hosted LIVE from **9am to 10.30pm**
 Chair: **Melissa McConaghy**

Panelist 1 **Dr Terry Ellis**

Panelist 2 **Diane Cook**

10.40am - Morning tea

- Plenary 2 - Brain Fit

11.00am - 11.40am	Keynote - Dr. Samantha Holden Thinking and Memory in Parkinson's Disease
11.40am - 12.05pm	Session 1 - Dr. Loren Mowszowski Cognition in Parkinson's disease: what changes, and what can you do about it?
12.05pm - 12.30pm	Session 2 - Unavailable

Annex

11.00am - 11.30am	Aleksandra Podlewska i-PROGNOSIS serious games: Maintaining quality of life while living with PD
11.30am - 12.00pm	Dr. Rajvi Mehta Improving quality of life of patients with Parkinson's Disease with I yengar Yoga
12.00pm - 12.30pm	Sarah Thompson Enhancing PD Health with Neurologic Music Therapy

12.30pm - Lunch

- Plenary 7 - Participatory Medicine

1.30pm - 2.10pm	Keynote - Jan Oldenburg Family Caregivers: The Key to Participatory Medicine
2.10pm - 2.35pm	Session 1 - Tim Blake The Healthcare Reformation: How Digital Health is Empowering Patients
2.35pm - 3.00pm	Session 2 - Nadja Oertelt Participatory Medicine in 2019

HP Lounge

The session will be hosted LIVE from **1.30pm to 3.00pm**
 Chair: **Melissa McConaghy**

Panelist 1 **Matthew Holt**
What the future holds for digital?

Panelist 2 **Lee Aase**
Using Social Media for Patient and Caregiver Education and Support

Panelist 3 **Edward Zuckerberg**
Facebook Marketing Tips for Health Care Professionals

3.00pm - Close